



Ready to take the next step toward recovery?

Contact us today to learn more about our Intensive Residential Team and how we can help you or your loved one.

To receive services from a state-approved IRT team, you must have a qualifying mental health diagnosis and be residing in an assisted-setting. Our staff will confirm prior to services that you qualify for the program. Individuals who do not qualify can still receive quality wrap-around care by our staff, inquire today to know your options!

We want to be your designated IRT team.

www.ecbh.health

[253-433-7993](tel:253-433-7993)



Recovery is a journey of rediscovery, where every step forward reveals the strength within.

Inquiries:

253-433-7993

More Information

www.ecbh.health

irt@emeraldcity.health



Emerald City Behavioral Health
3713 Pacific Ave, Tacoma, WA 98418



Intensive Residential Treatment (IRT) Team

Discover how our IRT team strategically coordinates care for the best outcomes possible!

www.ecbh.health

[253-433-7993](tel:253-433-7993)



5 Reasons to work with our IRT team:

★ Expert Multidisciplinary Team

Our highly skilled professionals, including psychiatrists, therapists, and peer support specialists, work collaboratively and are available 16+ hours per day.

★ Standardize Intensive Care (SIC)

Our Structured Intensive Care (SIC) model provides a highly organized and comprehensive approach to treatment, ensuring that clients receive consistent, intensive support and care tailored to their specific needs, fostering a stable and effective path to recovery."

★ Extensive Support

Beyond traditional therapy and medication management, we offer a wide array of additional services including vocational training, life skills development, family counseling, and recreational activities to support overall well-being.

★ Evidence-Based Practices

Our approach to care includes all of the best, evidenced-based practices, developed by the experts of the industry and designed to help people heal in a safe and respectful way.

★ Community Integration

We are a regular presence in the community and provide our services where our clients live. We provide services on a weekly basis, ensuring that care is provided regularly and consistently and in a comfortable setting at home.

About Us

Our Intensive Residential Treatment (IRT) team is dedicated to providing comprehensive and compassionate care for individuals facing significant behavioral health challenges. Our multidisciplinary team of experts works tirelessly to create a supportive and structured environment where clients can embark on their journey to recovery. Through personalized treatment plans, evidence-based therapies, and a community-focused approach, we help people heal.

Our Services

☑ MEDICATION MANAGEMENT

Our board-certified mental health practitioner provides expert psychiatric medication management, ensuring safe and effective treatment plans that are tailored to each individual's needs, crucial for stabilizing mental health conditions and enhancing overall well-being.

☑ MENTAL HEALTH THERAPY

Our therapists utilize evidence-based practices to support emotional and psychological well-being, meeting with clients consistently to promote healthy outcomes.

☑ PEER SUPPORT

Our Peer Counselors have lived experience, offering empathy, encouragement, and practical guidance on the path to recovery, fostering a sense of community and shared understanding that empowers clients to overcome challenges.

☑ SUBSTANCE USE COUNSELING

Substance use counseling helps clients address and overcome addiction through personalized strategies and compassionate care.

We are in network with Medicaid and many commercial carriers!

Insurance Accepted!

We provide services to Medicaid (apple health) subscribers, also called "Obama Care." Call us today to check if you're covered!

We are also in-network with several commercial insurance companies.

Services included

All of our great services are offered as a bundled rate and are all-inclusive when you receive services from our team. Our staff will come to your care home, assisted living, or facility to provide you the services you need to thrive.

Not sure?

If you're unsure whether you are in-network or have questions regarding resources for applying for medicaid, please contact us today.

We want to make sure that you get the quality care you deserve!